

REAL SIMPLE

LIFE MADE EASIER

DAILY FINDS

6 Tasty Breakfast Foods

Jamba at Home Greek Yogurt Superfruit Smoothies Pomegranate Pick-Me-Up

These frozen packets of perfectly pureed blueberries, raspberries, yogurt, and pomegranate juice eliminate the morning hassle of measuring and washing fruit. Just add apple juice or water, turn on the blender, and you're good to go. Note: One package makes two 8-ounce smoothies.

To buy: \$4 for one 8-ounce package, at supermarkets.

NEXT: Three Sisters Multigrain Cinnamon Cereal



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Page 4 of 8